

## WEEK ONE

**Week Beginning – 5<sup>th</sup> Jan 2021, 25<sup>th</sup> Jan**

	<b>RED Meat Option</b>	<b>GREEN Veggie Option</b>	<b>BLUE Jacket Potato</b>	<b>On the side</b>	<b>Dessert with every meal</b>
<b>MONDAY</b>	Pork sausages mash and gravy	Chinese style Quorn and noodles	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>TUESDAY</b>	Hot BBQ Chicken fillet wrap and potato wedges	Free range omelette with potato wedges	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>WEDNESDAY</b>	Roast pork or gammon with gravy and roast potatoes	Veggie sausage toad in the hole with gravy and roast potatoes	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>THURSDAY</b>	Beef Bolognese with pasta and malted wheat baguette	Cheese and potato pie	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>FRIDAY</b>	Crispy fish cake with criss-cross potatoes	Cheese and tomato pizza with criss- cross potatoes	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day

## WEEK TWO

**Week Beginning – 11<sup>th</sup> Jan 2021, 1<sup>st</sup> Feb**

	<b>RED Meat Option</b>	<b>GREEN Veggie Option</b>	<b>BLUE Jacket Potato</b>	<b>On the side</b>	<b>Dessert with every meal</b>
<b>MONDAY</b>	Pork meatballs in tomato sauce and pasta	Veggie cottage pie, cheesy mash and malted wheat baguette	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>TUESDAY</b>	Brunch lunch – bacon medallion, pork sausage, omelette and potato wedges	Mild and creamy Quorn korma with wholegrain rice	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>WEDNESDAY</b>	Roast beef, Yorkshire pudding, gravy and roast potatoes	Veggie Bolognese with noodles	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>THURSDAY</b>	Chicken pie with gravy and mash or crispy potatoes	Veggie sausages with gravy, creamy mash or crispy potatoes	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>FRIDAY</b>	Breaded fish fillet with chips	Quorn nuggets with rainbow rice	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day

## WEEK THREE

**Week Beginning – 18<sup>th</sup> Jan 2021, 8<sup>th</sup> Feb**

	<b>RED Meat Option</b>	<b>GREEN Veggie Option</b>	<b>BLUE Jacket Potato</b>	<b>On the side</b>	<b>Dessert with every meal</b>
<b>MONDAY</b>	Meat free Monday – Cheese and Tomato Pizza with potato wedges	Meat free Monday – Veggie fingers with potato wedges	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>TUESDAY</b>	Organic beef burger in a bun with crispy potatoes	Cheesy pasta bake with malted wheat baguette	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>WEDNESDAY</b>	Roast chicken with gravy and roast potatoes	Mild and creamy Veggie Korma with wholegrain rice	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>THURSDAY</b>	Beef lasagne with garlic bread	Veggie hot dog in a bun with baked potato wedges	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day
<b>FRIDAY</b>	Fish fingers with chips	Tomato pasta with malted wheat baguette	Jacket potato with Beans / cheese tuna or a mix	Vegetables OR salad of the day	Cake or biscuit of the day